

Refrigerator Notes 01 October 2017

“Walking In Humility”

Philippians 2:1-13

1. This morning I asked DPC to reflect inwardly on our scripture.
2. I asked ‘why were people placed in our lives’; some for a season and others for a reason.
3. Those that were placed in our lives for a reason or reason became our sandpaper to help us understand the term humility.
4. The Erdman’s Dictionary of the Bible’ defined humility as meekness, lowliness and absence of self.
5. I defined humility as a heart attitude, not merely an outward demeanor or mindset, but a characteristic that defined our behavior towards one another.
6. Therefore, humility is a prerequisite characteristic to have for Christian living.
7. Jesus said that those who are “poor in spirit” would have the kingdom of heaven; Being poor in spirit meant that only those who admit to an absolute bankruptcy of spiritual worth will inherit eternal life.
8. When we come to Christ as sinners, we must come in humility.
9. We never forget that Christ has exchanged our worthlessness for His infinite worth, our sin for His righteousness, and the life we now live.
10. We live by faith in the Son of God who loved us and gave Himself for us (Galatians 2:20).
11. Biblical humility is not only necessary to enter the kingdom or necessary to be great in the kingdom (Matthew 20:26-27 says, “but whoever wishes to be great among you must be your servant, and whoever wishes to be first among you must be your slave”).
12. Just think about it, we don’t like being a servant to anyone, if the truth is told
13. But God has promised to give grace to the humble, while He opposes the proud (Proverbs 3:34; 1 Peter 5:5).
14. Along with Jesus, Paul is also to be our example of humility. In spite of the great gifts and understanding he had received, Paul saw himself as the “least of the apostles” and the “chief of sinners” (1 Timothy 1:15; 1 Corinthians 15:9).
15. Jesus said, “Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls” (Matthew 11:29). To be like Christ, we must follow His example of humility.
16. I gave six steps to being humble:
 - a. Remember who’s in charge and praise Him.
 - b. Pray for a humble heart, if you know you are rough around the edges and in need of that sandpaper.
 - c. Pay more attention to your own faults than the faults of others – we are not perfect (don’t judge).
 - d. Don’t hide behind your dignity, its pride favorite hiding place – Your real value lies in God’s eyes and not human beings.
 - e. Try not to watch yourself worship - Don’t become obsessed about how well you pray or act as a Christian better than others; keep your prayers simple.
 - f. Serve others. The fastest way to humility is the way Christ chose. “For even the Son of Man did not come to be served, but to serve...” (Mark 10:45).
17. I close by asking ‘who would die for a brother or sister in Christ’?

